

LEARNING PLAN

| Learning Need | Activities to meet Learning Need (Provide <u>2 or more</u> specific activities for each Learning Need) | Evidence of Evaluation (Specific examples that show how the activity changed, influenced or enhanced your nursing practice). |
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| <p>Learning Need #1:</p> <p>Expand knowledge base of mental health/behavioural disorders</p> | <ul style="list-style-type: none"> • Attended Mental Health First Aid Canada workshop (February 2017) • Addressed individual mental health/behavioural concerns with psychiatrist for clients as they arose | <p>Upon completion of the Mental Health First Aid workshop I felt I had a clearer understanding of the differences between mental health and behavioural disorders. I feel more confident in my ability to identify and meet the specific needs of my individual clients.</p> |
| <p>Learning Need #2:</p> <p>Gain current trends for wound care practices/management</p> | <ul style="list-style-type: none"> • Attended Fundamentals of Wound Management workshop (April 2017) • Worked with wound care advocate/specialist to learn more about current wound care practices; caring for simple to complex wounds when possible | <p>I feel confident in my abilities to care for simple to complex wounds independently. I can effectively troubleshoot specific wound care needs for my clients as they arise.</p> |