

### LEARNING PLAN

Learning Need	Activities to meet Learning Need (Provide <u>2</u> or more specific activities for each Learning Need)	Evidence of Evaluation (Specific examples that show how the activity changed, influenced or enhanced your nursing practice).
<p><b>Learning Need #1:</b></p> <p>Learn more about infectious and non-infectious rashes and their presentation.</p>	<ul style="list-style-type: none"> <li>• Attended one-day presentation on rashes by University of Calgary in March 2014 (on telehealth).</li> <li>• Discussed with doctors in the health center my diagnosis when I saw patients with rashes.</li> <li>• Read journal articles on rashes, such as "Approach to dermatologic diagnosis." (July 2017)</li> </ul>	<p>I have confidence in seeing patients with skin lesions. I can identify infectious rashes from non-infectious rashes, I can confidently educate my patients on their condition and address any of their concerns.</p>
<p><b>Learning Need #2:</b></p> <p>Gain current trends for hypertension management.</p>	<ul style="list-style-type: none"> <li>• Attended telehealth lecture on hypertension by University of Calgary in March 2014.</li> <li>• Read current medical journal articles on hypertension from <i>up-to-date</i>, such as "High Blood Pressure in adults (Beyond the Basics)." June 2017</li> </ul>	<p>I have confidence in managing patients with hypertension by educating them and I can identify red flags in my assessments for early referral and treatment.</p>